



YOSHON QUICK REFERENCE GUIDE 5784-85



Current as of November 19, 2024

The Yoshon season has begun. Dates below are based on information from the listed companies and their hashgachos. Items marked with an asterisk * means specific info is not yet available. Dates shown are based on the following general cutoff times agreed to by all the relevant kashrus agencies: **Wheat** (incl. semolina & durum), **Barley & Oats**: 9-15-24 | **Pasta**: 9-16-24. For products not listed here, visit yoshon.com.

INGREDIENTS OF CONCERN

- Any type of **Grain** or **Grain Flour** (Wheat, Barley, Oats)
- Malt**
- Wheat Germ**

INGREDIENTS NOT OF CONCERN

- Spelt** (in/from USA and Canada)
- Maltodextrin** (USA only; Europe may be *chodosh*)
- Rye**
- Food Starch**
- Yeast**

PRODUCTS THAT ARE ALWAYS YOSHON

- All Israeli products with reliable *hashgachah*
- All products outside of **EY** with the following *hashgachos*:
 - Rabbi O.Y. Westheim of Manchester
 - Kedassia of London
 - Rabbi Schneebalg
- Soy, Teriyaki and Tamari Sauces** | **Bulgur Wheat**

PRODUCTS THAT ARE YOSHON IF PURCHASED PRIOR TO THE DATES LISTED

 (If purchased after, see the next section.)

- Soft **FRESH** baked goods (bread, rolls, bagels, pizza, soft pretzels – Sept 1, 2024
- Soft **PACKAGED** baked goods – 9-15-24
- Noodles and Pasta** – 9-16-24
- Barley** – 9-15-24
- Oats** – 9-15-24
- Malt** – 3-15-25
- Beer** – 12-15-24

FOR PRODUCTS PURCHASED AFTER THE ABOVE DATES, USE THE CODES BELOW

Date listed below or earlier is *yoshon*. If later, assume it is *chodosh*. 4-digit codes (e.g., 2594), represent the Julian date (259 is the day and 4 is the year). If the listed code is 2594 (i.e. Sep 15, 2024) then the code on the package can be 259 or lower.

BAKED PRODUCTS

- BETTY CROCKER** Mixes – mixes are *yoshon*; pizza crusts – 9-15-25
- Cookies and Crackers**
 - ALDI'S** Graham Crackers – 3-19-2025
 - BLOOM'S** Cookies – always *yoshon*
 - KEMACH**
 - Crackers – always *yoshon*
 - Cookies:
 - Duplex – 08294
 - Oatmeal – 7-16-25
 - Twist Top – 08204
 - Flat breads – 11-3-24
 - Ice Cream Cones – with *yoshon* label only
 - LIEBER'S** Cookies and Crackers – *yoshon* until Jan 2025 at least
 - OREOS** (USA, cookies only) – always *yoshon*
 - PAS** – with *yoshon* label only.
 - SHOPRITE BOWL & BASKET** Graham Crackers – Mar 19, 2025
 - STELLA D'ORO**
 - Breakfast treats, toast and biscotti – 3-15-2025
 - Sponge Swiss Fudge Cookies – 1-15-2025
 - 100 Calorie Packs – 5-15-2025

3. DUNCAN HINES MIXES

- Cake Mixes and Brownies – always *yoshon*
- All other mixes – 9-15-25*

4. Matza (including Matza Meal) – always yoshon

5. Pretzels (Hard)/Snacks

- BLOOM'S** – *yoshon* (malt may be *chodosh*)
- GOLDEN FLUFF** – always *yoshon*
- HADDAR** – with *yoshon* label only
- HERR'S** – 12-16-24
- KITOV** – 9-15-25*
- LANDAU'S** – TBD
- LIEBER'S** – *yoshon* until Jan 2025 at least
- NEW YORK PRETZELS** – 9-15-25*
- PRINGLES** (some contain wheat) – code L4259
- ROLD GOLD PRETZELS** – always *yoshon* (except malt)
- SABRA PRETZELS** – always *yoshon* (except malt)
- SNACK FACTORY** – 9-15-25*
- UTZ Honey Wheat Pretzels** – 1-15-25
- WISE**
 - .75 oz. & 1.75 oz – 2-4-25*
 - 3.25 oz. – 1-2-25*
 - 8.75 oz. – 12-11-24*

6. Waffles & Pancakes

- EGGO Waffles and Pancakes:**
 - With oats – 12-17-25*
 - Just wheat – 12-19-25*
- EGGO Thick & Fluffy French Toast/Pancake Bites** (single-serve packets) – 9-15-25*
- KEMACH** Pancake Mix – *yoshon*
- PEARL MILLING CO** – formerly Aunt Jemima
 - Dry Mixes with malt: (Dry mixes without malt always *yoshon*)
 - Pancakes – 9-15-25*
 - Waffles – 9-15-25*
 - Frozen:
 - Pancakes – TBD
 - Waffles – TBD

BAKING SPRAY WITH FLOUR

 (If there's no flour – no concern)

- BAKER'S JOY** and **CRISCO** – always *yoshon*
- PAM** – 9-15-26
- GLICKS** – always *yoshon*

BARLEY

- GEFEN** – always *yoshon*
- MANISCHEWITZ** – 9-15-25 or 2594*
- QUAKER** – 9-15-25
- UNGER** – always *yoshon*

BEER

ALL BEER MAY BE PURCHASED AND ASSUMED YOSHON AT LEAST UNTIL 12/15/24

BREAD AND CORN FLAKE CRUMBS

- GEFEN** – always *yoshon*
- JASON** – always *yoshon*
- KELLOGG'S** – 12-15-2025*
- KINERET (Made in Israel)** – always *yoshon*
- LIEBER'S** – *yoshon* until Jan 2025 at least
- KIKKOMAN PANKO** – 3-3-2026*
- B'GAN** – with *yoshon* label only



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CEREALS, CEREAL BARS, GRANOLA BARS, OATMEAL

Check ingredients. Use earliest date. (e.g., if GENERAL MILLS cereal contains barley or oats, use 9-15-24*).

1. BARBARA

- Oats – 9-15-25*
- Wheat – 9-15-25*
- Original – 4-25-24*

2. CASCADIAN FARMS

- Granolas – 10-6-25*
- Other cold cereals – 10-6-25*

3. CREAM OF WHEAT – 9-15-25***4. GENERAL MILLS**

- Oats – 10-7-25
- Wheat – always *yoshon*
- Barley – 9-15-25*

5. KASHI

- Oats – 9-30-25
- Wheat – always *yoshon*

6. KELLOGG'S (if made in Europe always *yoshon*)

- Oats – 9-15-25*
- Wheat – 10-1-25
- Barley – 9-15-25*
- Malt – 12-15-25*

7. KEMACH

- Whole Wheat Flakes, Coco Munchies, Cinnamon Bites – always *yoshon*
- Corn Crisp, Bunch 'O Krunch – Sept 2025

8. MALT-O-MEAL

Each cereal has a different amount of time from packing to expiration. Use the list below to calculate how long before expiration date the cereal was produced to determine *yoshon* status.

- if contains only oats – 9-15-24* packing date
- if contains only wheat – 9-15-24* packing date
- if contains only barley – 9-15-24* packing date
- 9 mos from packing – Berry Colossal Crunch
- 10 mos from packing – Blueberry Muffin Tops, Honey Graham Squares, Coco Roos, Honey Nut Scooters
- 12 mos from packing – Apple Zings, Tootie Fruities, Honey & Oat Blenders, Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Frosted Mini Spooners, Raisin Bran, Golden Puffs, Frosted Flakes, Corn Bursts Crispy Rice
- 15 mos from packing – Hot Wheat Malt-O-Meal-Chocolate, Maple & Brown Sugar, Coco Wheat
- 18 mos from packing – Quick Rolled Oats
- 24 mos from packing – Hot Wheat Malt-O-Meal-Original, Farina

9. NATURE VALLEY – 9-14-25 (except if produced in S America)**10. POST**

- Oats – 9-14-25
- Wheat – *yoshon*
- Barley – 9-15-25
- Malt – 12-15-25

11. QUAKER (USA) [In EY and EU with KF *hechsher* are always *yoshon*]

- Chewy Granola Bars, Chewy 90 Cal Low Fat Granola Bars, Granola Bites 90 Cal – 5-23-25
- Chewy Granola Bars 25% Less Sugar, Oatmeal to Go Bars, Soft Baked Bars, Real Medleys Hot Cereals, Breakfast Cookies – 5-23-25

- Cocoa Bumpers, Graham Bumpers, Peanut Butter Bumpers, Toasted Oat Bran, High Fiber Instant Oatmeal Packets, Cap'n Crunch, Corn Bran Crunch, King Vitaman, Natural Granola, Oatmeal Squares, Oh!s, Puffed Wheat, Quisp – 6-23-25
- Life – Instant Oatmeal Packets (Original, Apples & Cinnamon, Fruit & Cream, Maple & Brown Sugar, Raisin, Date, & Walnut, Raisins & Spice, Choc Chip, All Lower Sugar) – 9-23-25
- Oats (Rolled, Instant, Old Fashioned) – 3-23-26

12. SHOPRITE BOWL & BASKET

- Instant Oatmeal – 3-13-26*
- Cold Cereal – info not available

13. STOP & SHOP/GIANT

- Cereal
- With oats – 9-15-25*
- With wheat – 9-15-25*
- Oatmeal – 9-15-25*

14. TARGET GOOD & GATHER

- Instant Organic Oatmeal – 9-15-25*

15. WALMART

- Quick Oats – 3-14-26*
- Bran Flakes – 9-15-25*

CHOW MEIN NOODLES

1. EDEN – with *yoshon* label only
2. GLICKS – 0624
3. KEMACH – 2424I
4. STREIT'S – always *yoshon* unless labeled *chodosh*
5. LIEBER'S – *yoshon* until Jan 2025 at least
6. LA CHOY – info not available

EGG ROLL/WONTON WRAPPERS

1. GEFEN Egg Roll and Won Ton Wrappers – always *yoshon*
2. GOLDEN BOWL
 - Won Ton Wraps – code 152409
 - Spring Roll Wrappers – 9-15-25
3. DEPENDABLE – always *yoshon*
4. NASOYA Egg Roll and Won Ton Wrappers – TBD
5. WON TON FOOD CO – code 91524 (any letters are irrelevant)
6. B'GAN – with *yoshon* label only

FLOUR**1. All Purpose Flour**

- DEPENDABLE – with *yoshon* stamp only
- GIANT/STOP & SHOP – 8-18-25*
- GLICKS – with *yoshon* label only
- GOLD MEDAL (all mills) winter wheat (if *machmir* for *bitul* 2-4-26; malt 12-15-25)
- HECKERS – always *yoshon* (malt 12-15-24)
- KEMACH – with *yoshon* label only
- KING ARTHUR – 5lb bags Aug 18, 2025, 50lb bags Aug 18, 2024
- PILLSBURY – winter wheat (malt): 12-15-25
- SHOPRITE – 3-6-26
- TARGET/MARKET PANTRY Flour/ GOOD & GATHER – 2-27-26

2. Whole Wheat Flour

- DEPENDABLE – with *yoshon* stamp only
- GOLD MEDAL (all mills) – 2-4-25
- HECKERS – always *yoshon* (malt 12-15-24)
- KEMACH – with *yoshon* label only
- KING ARTHUR – 5lb bags 8-18-25, 50lb bags 8-18-24
- PILLSBURY – 9-30-25
- TARGET/MARKET PANTRY/ GOOD & GATHER – 2-24-26



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3. Bread Flour (High-Gluten Flour)

- **DEPENDABLE** – with *yoshon* stamp only
- **GLICKS** – with *yoshon* label only
- **GOLD MEDAL** (all mills) winter wheat (if *machmir* for *bitul* 2-4-26; malt 12-15-25)
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags 8-18-25, 50lb bags 8-18-24
- **PILLSBURY** – winter wheat (malt): 12-15-25
- **TRADER JOE'S** – TBD
- **HECKERS** – always *yoshon*

FROZEN/MISCELLANEOUS

1. **ALLE/MEAL MART** Frozen Products – always *yoshon*
2. **APOLLO** Fillo Dough – 9-15-25 or 2594
3. **DR. PRAEGER'S**
 - Oats – 9-15-26*
 - Wheat – 9-15-26*
4. **FRENCH'S** French Fried Onions: 9-15-26
5. **GOLDEN**
 - Blintzes – 9-15-26
 - Potato pancakes – TBD
6. **KOSHERRIFIC** Fish Sticks – always *yoshon*
7. **MCCAIN** Fries (that contain flour, e.g. spicy fries): no *yoshon* info
8. **MEHADRI** Cookies & Cream Ice Cream – TBD
9. **PEARL MILLING CO** (formerly **AUNT JEMIMA**)
 - Pancakes – TBD
 - Waffles – 9-15-26*
10. **PRIDE OF THE FARM** Cookie Dough Ice Cream – always *yoshon*
11. **SHINDLER'S** Products – always *yoshon*
12. **TOFUTTI** Cuties – TBD
13. **TRADER JOE'S** Potato Pancakes – TBD
14. **UNGAR'S** Fish – always *yoshon*

ICE CREAM CONES

The following brands of sugar cones, cake cones and waffle cones are always *yoshon*: **ESSENTIAL EVERYDAY**, **JOY**, **SHOPRITE BOWL & BASKET**, **TRADER JOE'S**, **WALMART GREAT VALUE**, **WHOLE FOODS 365**

KISHKE

The following brands are always *yoshon*: **A&B**, **BENZ'S**, **MEAL MART**, **UNGER'S**

LICORICE/CANDY

1. **DARRELL LEA** – 9-15-25*
2. **JOLLY RANCHERS** – always *yoshon*
3. **JORAY FRUIT ROLLUPS** – TBD
4. **PASKESZ** Sour Sticks/Belts – always *yoshon*
5. **RED VINES** – always *yoshon*
6. **SHNEIDER'S CANDY PLANET** – *yoshon*
7. **SOUR PUNCH Twists** – always *yoshon*
8. **TWIZZLER'S** (H&S Candy/Hershey) – always *yoshon*

NOODLES/PASTA

1. **ALDI** Pasta & Egg Noodles – 9-6-26*
2. **BARILLA**
 - ProteinPLUS Pasta – 8-22-2025*
 - Whole Grain – 2-27-25*
 - Lasagna – 5-13-2026*
 - Other pastas and orzo – 5-13-2027*

3. CALIFORNIA DELIGHT – always *yoshon*

4. **EDEN** – with *yoshon* label
5. **ESSENTIAL EVERYDAY** – 9-16-26*
6. **GEFEN** Ramen Noodles – Not *yoshon*
7. **GIANT/STOP & SHOP** – 9-16-26*
8. **GOODMAN'S**
 - Pasta – 9-12-27*
 - Egg noodles – 9-12-27*
9. **HODGSON MILLS** Couscous – TBD
10. **KEMACH**
 - Egg noodles – *yoshon* at least until Dec 2024
 - Other pasta products – Sept 1, 2025
11. **MANISCHEWITZ** – 9-12-27* or 2567*
12. **MOTHER'S** – code 2596*
13. **SAN GIORGIO**
 - Egg Noodles – 9-16-26*
 - Oven Ready Lasagna – 9-6-26*
 - Pasta – 9-16-27*
14. **NEAR EAST** Couscous, Pilaf with Orzo – 9-16-25*
15. **NO YOLKS** – Egg: 9-16-26* | Non-Egg: 9-16-27*
16. **PENNSYLVANIA DUTCH** Egg Noodles – 9-16-26*
17. **RALPH'S** – 9-16-26*
18. **SHOPRITE Bowl & Basket** – 9-16-26*
19. **STREIT'S** – always *yoshon* (except chow mein)
20. **TRADER JOE'S** Pasta – 9-16-27* | Organic/Specialty Pasta – 9-16-26*

PIE CRUSTS/PASTRY DOUGH

1. **APOLLO** Fillo Dough – 9-15-25*
2. **GEFEN** Pastry Dough – always *yoshon*
3. **KEEBLER** Pie Crusts – TBD
4. **KEMACH**
 - Graham Pie Crust – 7-22-25
5. **MECHEL'S** – All *yoshon*
6. **MOTHER'S** Graham Cracker Pie Crust – TBD
7. **PEPPERIDGE FARM** – 9-15-25*
8. **UNGAR'S** Pastry Dough – always *yoshon*

SOUP/SOUP MIXES

1. **GEFEN** Noodle Soup Cup – not *yoshon* if purchased after 9-15-24*
2. **KEDEM** – TBD
3. **KEMACH**
 - Onion, split pea – with *yoshon* label only
 - Vegetable – 3-31-26
 - Minestrone – 5-29-26
4. **LIEBER'S** – *yoshon* until Jan 2025 at least
5. **MANISCHEWITZ**
 - Noodle/Pasta – 9-16-24 or 2605*
6. **SHOPRITE**
 - Soup mixes – TBD
 - Canned (except tomato) – TBD
 - Canned Tomato Soup – TBD
7. **STREIT'S** – always *yoshon*
8. **TRADITION** – 9-15-25*

VINEGAR

1. **Regular Vinegar** has no *chodosh* concern.
2. **Malt, Tarragon, or Salad Vinegar** (purchased after Dec 15, 2023)
HEINZ
 - Malt vinegar – 6-15-27*
 - Tarragon and Salad – 12-15-27*